



## Monastic Spirituality – Life as a Journey

North Central CT International Thomas Merton Society  
Chapter Meeting

January 31, 2019

*Charity is a love for God which respects the need that other men have of Him. Therefore, charity alone can give us the power and the delicacy to love others without defiling their loneliness which is their need and their salvation. – Thomas Merton, No Man is an Island*

Opening Silence (5 minutes)

Review questions to ponder (5 minutes):

1. What touched you most / was most insightful and why?
2. What challenged you most / was most controversial to you and why?
3. Though this is Christian/Catholic Monastic teaching, what is most applicable to your own Spiritual Journey and what doesn't apply and why?
4. What new insights did you gain about the role of the marginal / vulnerable in Christian Spirituality? What does this say to you about the place of loneliness in the Spiritual Journey and the role of accompanying Love?
5. What impact did hearing Merton deliver this teaching have on you?

DVD: Monastic Spirituality – Life as a Journey (40 minutes)

Discussion (60 minutes)