



Our Lady of Calvary Retreat Center presents:

## EXPLORING CONTEMPLATIVE LIVING

WITH THOMAS MERTON'S  
**NEW SEEDS OF CONTEMPLATION**

*A WEEKLY EVENING SERIES WITH  
**MIKE SMOOLCA***



**New Seeds of Contemplation** is one of Thomas Merton's most widely read and best-loved books. For Merton, "Every moment and every event in every man's life on earth plants something in his soul. For just as the wind carries thousands of winged seeds, so each moment brings with it germs of spiritual vitality that come to rest imperceptibly in the minds and wills of men."

This three-month Contemplative journey will explore Merton's insights on Contemplative Living. The workshop sessions will follow the well-established format used in Contemplative Living with Thomas Merton workshops.

In our sessions we will explore themes and writings from Thomas Merton's **New Seeds of Contemplation** and explore questions designed to engage us in the process of self-exploration and personal sharing.

All of Our Lady of Calvary's day and evening programs are open to both women and men.

### **Six Spring Wednesday Evenings in 2016**

March 16 \* March 30 \* April 13 \* April 27 \* May 11 \* May 25

7—9pm

*All of OLC's day and evening programs are open to both women and men.*

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Presented by **Mike Smoolca**, a Spiritual Director, active in ministries in his parish, St. Mary, Simsbury. Mike is an experienced contemplative group and workshop facilitator and dedicated student of Contemplative practices. He has been reading Thomas Merton for 10 years and applying Merton's insights to guide his own spiritual journey while facilitating Thomas Merton workshops for the past 3 years. Mike retired from a nearly 30 year career in Business and Technology to focus on deepening his relationships, spirituality, teaching and service to others.

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### **REGISTRATION FORM—EXPLORING CONTEMPLATIVE LIVING SERIES**

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SERIES \$90     INDIVIDUAL EVENING(S) \$20 EA. DATES \_\_\_\_\_

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Name

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Address

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Email

My \$90 offering is enclosed for the series/ \$20 per program.

I also include \$\_\_\_\_ for those needing financial assistance to attend retreats.

Mail Reservation and Offering to: **Our Lady of Calvary Retreat Center**

31 Colton Street • Farmington, CT 06032

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